Informazioni



ILK: Compositae

SPECIES: Lactuca sativa L.

French: jeune pousse salad blond;

Italian: lattughino rosso;

Spanish: lechuga baby;

German: lattich

ORIGIN AND DIFFUSION:

Commonly known as lettuce comes in many forms, with tender and deep red leaves.

The plant is rich in tender leaves, which can be cut two or more times during the growing season because they're replenished quickly. The flavor is very delicate.